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# **Coaches Safety Checklist**



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## COACHES CHECKLIST

**Prior to each practice or game coaches and their assistants should develop the habit of a safety check with the goal of promoting a safe environment for both participants and spectators.**

### GOAL POST SAFETY

- ☑ Portable goal posts properly secured and anchored and used on level playing fields
- ☑ Inspect goal post for sharp corners to include general integrity
- ☑ Instruct all players and their parents of the potential dangers associated with movable soccer goals
- ☑ Forbid any horseplay by players or members of the general public on or around any goal post
- ☑ Remove nets when goals are not in use
- ☑ Portable goal posts should only be moved by authorized personnel
- ☑ Anchor or chain one portable goal to another or to a nearby fence when not in use

### FIELD SAFETY

- ☑ Inspect for foreign objects
- ☑ Check for pot holes, hills/ruts
- ☑ Make sure sprinkler heads are seated
- ☑ Observe 3' Restraining Line from Touch Line
- ☑ Notify your club and field owners of unsafe field conditions in writing
- ☑ Do not allow participation by your players until noted hazards have been corrected

## PLAYER SAFETY

- ☑ Communicate the laws of the game to all players and parents
- ☑ Provide proper supervision at all scheduled activities. Prohibit behaviors that do not promote a safe and healthy experience
- ☑ Make sure shin guards are covered, jewelry removed and shoes are adequate for field conditions
- ☑ Place players together of similar ability
- ☑ Establish travel transportation policies for practices and games. Arrange for supervision of players without rides at conclusion of every practice
- ☑ Remove immediately all players from fields upon approaching severe weather
- ☑ Communicate with all parents your expectations as a coach
- ☑ Know location of nearest emergency health care facility. Know of any special medical conditions of your players
- ☑ Maintain in your possession first aid kit, phone numbers of parents, medical treatment authorization, and cell phone
- ☑ Make sure you or an official on the soccer field has basic first aid training
- ☑ Communicate with parents your expectations in promoting a safe environment. Recruit their assistance

## INJURY CLAIMS

- ☑ Maintain a supply of player medical claim forms
- ☑ Obtain and record relevant information about an injury to a player and/or spectator
- ☑ Don't leave a player unattended until transferred to health or security personnel in the pre-authorized manner or released at their own request
- ☑ Don't accept or suggest fault for the incident
- ☑ Don't state that medical bills will be paid. Contact your state association or its designated insurance personnel with any questions.
- ☑ Always give respect and appropriate attention to the injured person
- ☑ Always correct any hazardous situation as soon as reasonable after attending to the injured person