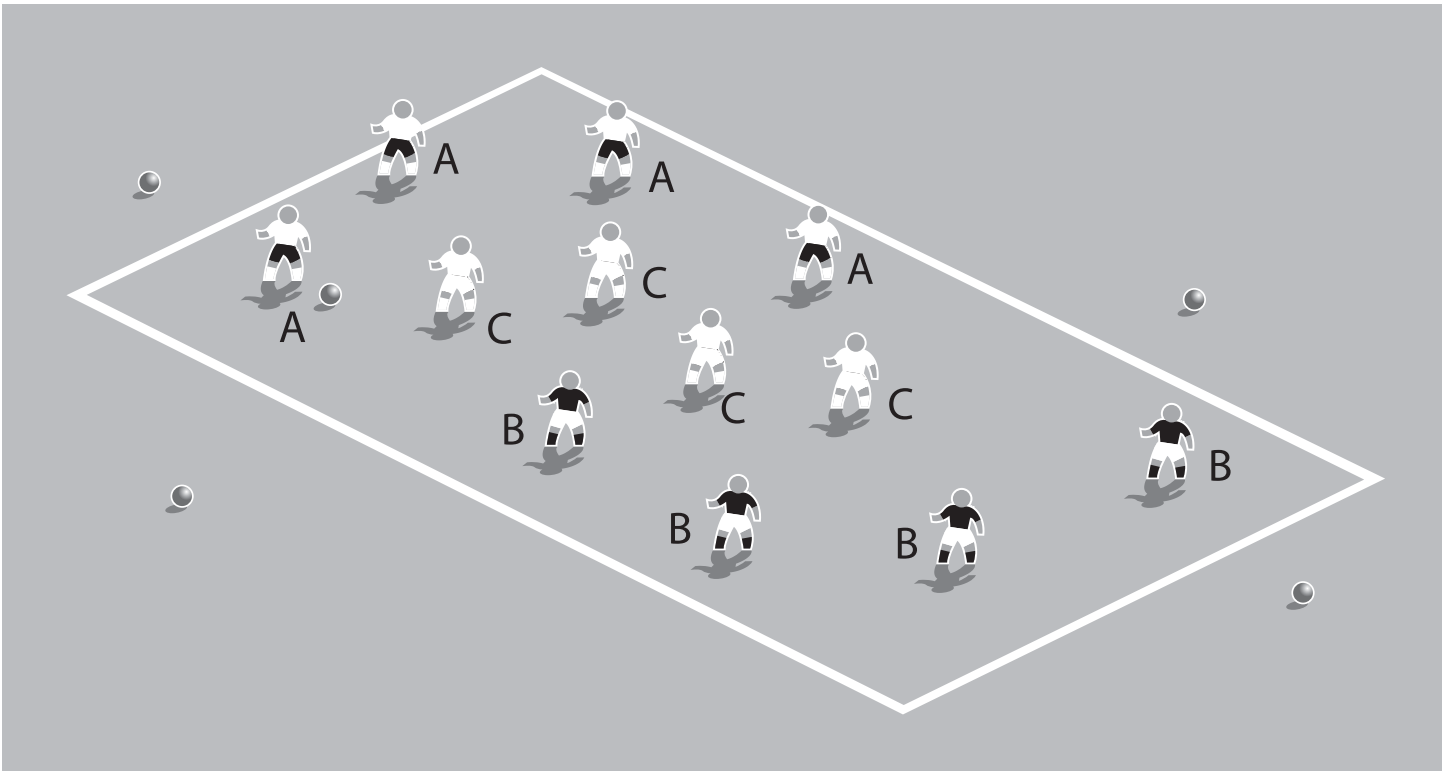


4 ON 4 ON 4 KEEP-AWAY

(AGES: 12)



THE GAME: Break up the squad into three equal teams: "A's," "B's," and "C's." Two of the teams are on attack and one team defends. If a player from one team causes the attacking teams to lose possession, then all of that team's players become defenders while the other two teams attack together. Make sure play keeps flowing.

FIELD SIZE: coach's discretion

COACHING POINTS:

- Communication
- Passing and receiving
- Team balance on attack and defense
- Attacking and defending principles
- This game has this added element of peer pressure: players do not want to lose the ball because it means that their friends will need to defend also.