

State “E” License Coaching Course Overview & Objectives

(Successful completion and awarding of an “E” license is a pre-requisite for coaches wishing to attempt the “D” license)

Introduction

Thousands of coaches have attended and successfully completed an U.S. Soccer Federation coaching course since they were first developed in 1971. Regardless of the level of certification or license attempted, the prime objective of the coaching education program is to provide all coaches from the beginner to the most advanced with up-to-date theoretical and practical knowledge.

Coaching certification begins at the state level with introductory the 6-hour “Youth Module” and the 18-hour “E” Certificate courses. These courses cover elementary principles of coaching and the “E” Certificate course prepares interested coaches for the 36-hour “D” License. Successful completion of the “D” course certifies coaches with either a State or National “D” License. Both licenses are non-expiring and are awarded following the completion of both theoretical and practical testing. Candidates wishing to attend a US Soccer National Coaching School to take the “C” License course must have earned and held a National “D” License for a minimum of 12 months.

The “E” Certificate Course

The “E” is designed for the parent/coach who may or may not have any previous soccer playing or coaching experience. The curriculum focuses on the development of the player, both individually and as part of the team. The emphasis will be to build on the player’s technical development by applying tactical concepts within game situations. The content in this manual along with the information presented by the instructor, should assist you in learning more about the game and the best way to coach youth players.

Objectives for the “E” Certificate

- To prepare coaches working with players ages 9-12 years old by expanding their knowledge and understanding of the technical and tactical demands of the game and the developmental process necessary for players of these ages.
- To provide an understanding of practical coaching methodology and the framework necessary to prepare players and a team for competition.
- To prepare coaches for whom this represents their final coaching course as well as those who plan to pursue an advanced US Soccer Federation State and or National License.

Expectations of candidates

- Participate in all activities (field, lecture and discussion groups)
- Complete the On the Field and the In the Class Comprehensive Assessment & Review

State “D” License Coaching Course Overview & Objectives

(A candidate must have successfully completed a “E” license or meet the “E” license waiver criteria to register and participate in a “D” license course)

U.S. Soccer Federation Coaching Education

Thousands of coaches have attended and successfully completed a U.S. Soccer Federation coaching course since they were first developed in 1971. Regardless of the level of license attempted, the prime objective of the coaching education program is to provide all coaches, from the beginner to the most advanced, with up-to-date theoretical and practical knowledge. Coaching certification begins at the state level with introductory courses covering the elementary principles of coaching and prepares interested coaches for the 36-hour “D” License. Successful completion of the “D” course certifies coaches with either a State or National “D” License. Both licenses are non-expiring and are awarded following the completion of both theoretical and practical testing. Candidates wishing to attend a US Soccer National Coaching School to take the “C” License course must have earned and held a National “D” License for a minimum of 12 months.

The “D” License Course

The “D” is the first licensing course offered under the auspices of the US Soccer Federation through affiliated members at state level. In order to maintain consistency in the delivery and execution of the course the objectives, expectations and grading for the “D” License course have been established.

Objectives for the “D” License

- To prepare coaches working with players U.13 and above by expanding their knowledge and understanding of the technical and tactical demands of the game and the developmental process necessary for players of these ages.
- To provide an understanding of practical coaching methodology and the framework necessary to prepare players and a team for competition.
- To prepare coaches for whom this represents their final coaching course as well as those who plan to pursue an advanced US Soccer Federation National Coaching License.

Expectations of candidates

- Participate in all activities (field, lecture and discussion groups)
- Demonstrate coaching ability and basic soccer knowledge

Grading of candidates

- National “D” License
- State “D” License
- Not Ready